

Foot Loose & Fancy Free



Cathedral Window Pincushion

PDF Pattern

Easy Beginner Pattern



Photo Gallery





Introduction

"Cathedral Window Pincushion" is the ideal project to use up all those small beautiful pieces of fabric that you just can't turn loose. Fat quarters make the ideal pincushion.

The "Cathedral Window" quilting techniques and the pincushion are surely not my invention or design. I just wanted to show a sampling of how I present my patterns to you in PDF format and to give you a sampling of my work.

The "Cathedral Window" was called "Daisy Block" in a 1933 Aunt Martha's publication and called "Attic Windows" in an ad from Old Chelsea Station 1933. Also, a quilt answering the description of "Cathedral Window" was seen at the Chicago World's Fair of 1933. Another funny name for it was "Pain in the Neck". It became more popular and was given the name "Cathedral Window" in the 70's.

If you follow my tutorial it will not become a "Pain in the Neck".

This is a pay it forward gift so feel free to share it with your friends. I just ask that you do not charge anyone for it or copy it as your own to sell.

Templates and or measurements are given for two sizes. Small and large. If you mix up the print of your large exterior pieces you can get at least 8 pincushions out of 4 fat quarters.

When looking for pretty buttons in your stash or to purchase, look for large for the front and smaller to match for the back. I have found that the back side is sometimes just as pretty as the front side because it shows more of the print.

The number one tip to make this pattern easier is to use a glue stick and be generous with the amount.

To purchase or view my patterns please visit my web site www.footloosenfancyfree.com

Thank you for choosing my patterns.

Sandra





About My Patterns

About My Patterns

There are several ways to go about using this PDF file. You can either view each page on your computer as you sew or print it out.

I have left out all the common knowledge remarks, fancy computer designs and all the "glory words" that take up so much space, ink and time.

I am trying to show you how to sew simple without all the frills. "Foot Loose & Fancy Free" is my motto. This pattern is so simple all you really need is a straight sewing machine and basic sewing supplies. I will insert tips as to when a serger might be helpful.

I wanted to add a personal note here. I am ancient according to my granddaughters. I cannot see as well as I did when I was young and I do not have the fancy sewing machines of today. My stitches may be a bit crooked and my wording may not be the best.

My daughter and I took all the pictures and together we did all the computer work.

I have worked endless hours drawing up my designs, traveling to cloth shops, choosing materials, measuring, fitting and making the models sample dresses, taking pictures as I made them, field trips to take the photo shoots, and finally producing this PDF pattern for you.

If you have any questions, complaints or improvement ideas, please email me at sandralister@att.net.

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Please respect my work. You may use any of my patterns for your own personal use and for making items for sale on a small scale. It is courteous to provide a link as to where you purchased the pattern. Reproduction of this pattern is strictly prohibited. I normally ask that you do not email my patterns but since this is a free gift I encourage you to share it with your sewing friends.



Preparation Instructions

1. I **ALWAYS** wash and dry my fabrics before I begin. This is called preshrinking so that it will end up being the same size and with nice flat seams after it is washed and dried again. I know the fabric is so pretty right off the bolt, but you will be happier with the appearance of your garment if you preshrink.
2. Cut all loose strings from edges of fabric and trim away selvages.



3. There are several ways to straighten your fabric. You may just wish to square it up on the fold with a rotary cutter and mat board. You can also clip and tear your fabric on the edges but this might cause some stretching and weave damage. I prefer to pull a thread. I know this is probably something that you may never have even tried or heard about but it is the most accurate way to make your fabric straight. This takes time but it is definitely worth it.
 - a) Start by clipping $\frac{1}{4}$ " from one edge.
 - b) Pull away just one string and gently pull it until it starts to gather.
 - c) Gently push this gather into the fabric as far as it will go and repeat the pulling of the single thread and pushing the gather into the material until one of two things happen. It will either break or if the material is not straight it will run off the edge.
 - d) You will be able to see a line where you have gathered the thread. Cut on this line until you get to where it broke.
 - e) Pull, gather and cut until you have crossed the entire fabric width.
 - f) If you run off the edge then it is crooked and you need to go back and cut about another $\frac{1}{4}$ inch clip until you can finally get across the width without running off the edge.
4. Iron fabric before cutting out. I use *Mary Ellen's Best Press*.



Let's Get Started!

- First, read all of the instructions before you begin.
- If you have a problem seeing or understanding the pictures and instructions, then ZOOM out and look at it closer. This is what is so great about a PDF pattern.
- **ALWAYS** backstitch. Backstitching is what keeps your seams from raveling out and coming apart.
- **RST** means "right sides together", **WST** means "wrong sides together", and **WOF** means "width of fabric" from selvage to selvage.
- *SEW MANY RULES 😊*

I have deleted some of the "rules" that pertain to garment sewing. This gift pincushion is just a sampling of my patterns. Garment patterns have many more details and pictures and instructions. I just want to show the look and feel of using my PDF patterns.

To see all of my PDF patterns please visit:

www.footloosenfancyfree.com



**Cathedral Window
Large Pincushion**

Center Piece

4 1/2" x 4 1/2"

Cut 1



**Cathedral Window
Large Pincushion**

3 1/2" x 3 1/2"

Cut 2

Cut diagonally in half

Windows



Cathedral Window
Large Pincushion

Back

5" x 3"

Cut 2

Leave open, then hand stitch
closed when finished

Curved Exterior

10" x 10" Square

Cut 1

No Template Given



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Cathedral Window Small Pincushion

Center Piece

3 $\frac{3}{4}$ " x 3 $\frac{3}{4}$ "

Cut 1



Foot Loose Cathedral Window
& Fancy Free Small Pincushion

2 $\frac{3}{4}$ " x 2 $\frac{3}{4}$ "

Cut 2

Cut diagonally in half

Windows



**Cathedral Window
Small Pincushion**

Back

4 1/4" x 2 3/4"

Cut 2

Leave open, then hand stitch
closed when finished

Curved Exterior

8 1/2" x 8 1/2" Square

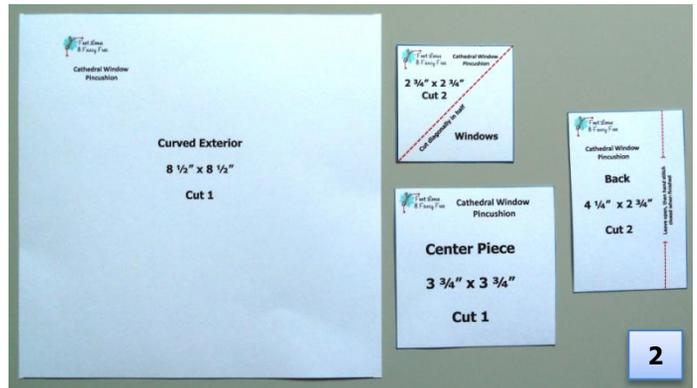
Cut 1

No Template Given



Cathedral Window Pincushion Instructions

1. Gather all materials including pattern, fabrics, pins, scissors, a ruler, marking pen, buttons, thread and batting. (Batting not shown)
2. View of printed template patterns. For illustration purposes I have shown a template for the large piece. You do not have to use templates at all. Just measure and cut your pieces. Make sure you have them squared.



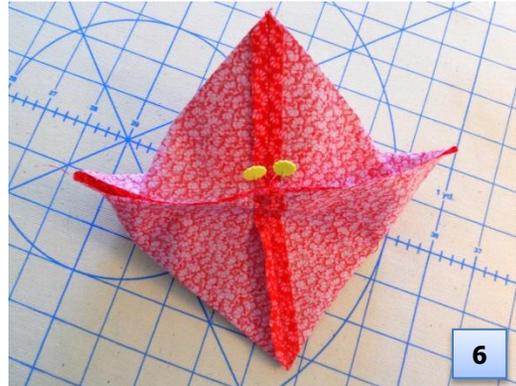
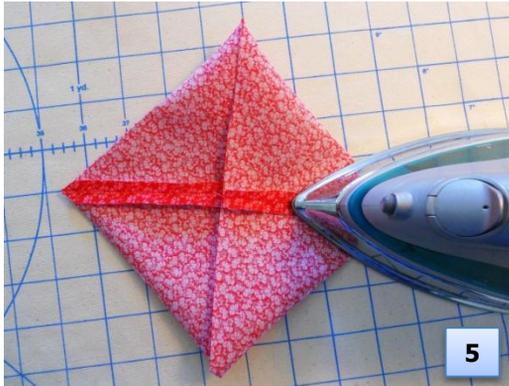
3. View of all pattern pieces cut, pressed and ready to start.
4. Fold the exterior piece in half RST and stitch a 1/4" seam allowance on the short ends. Clip corners off to near stitching.



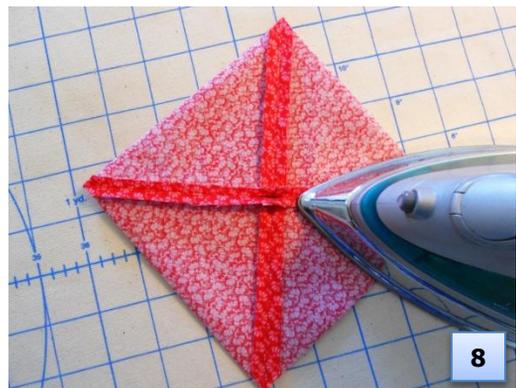


Cathedral Window Pincushion Instructions

5. Press the seams open.
6. Pull the other ends up to middle and match the first sewn seams. Pin.



7. Stitch a $\frac{1}{4}$ " seam allowance from one corner to within 1" of middle. Turn and repeat from the other end. Pull the back center away from your seams as you stitch. It will look somewhat like a pyramid or German bell. Clip corners.
8. Press seams open. It should now be square and lay flat. Center will be open for turning.

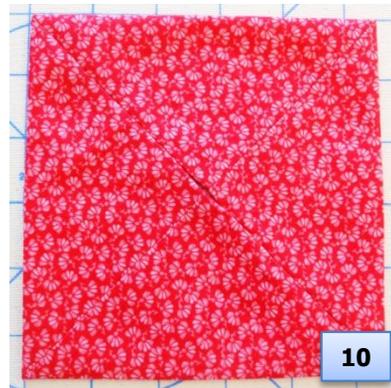




Cathedral Window Pincushion Instructions

9. Pull the exterior square right side outwards through the opening.

10. Press.



11. Fold one point over to center and press. Repeat with opposite corner.

12. Fold the remaining two corners to center and press.





Cathedral Window Pincushion Instructions

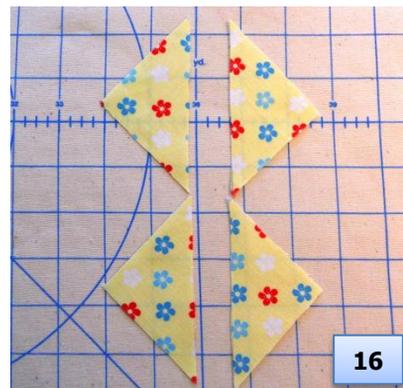
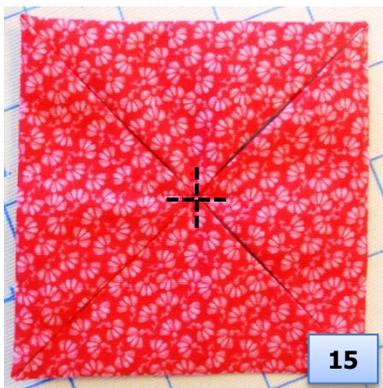
13. Unfold points

14. Using water soluble fabric glue lay the center square on the exterior piece. Line up the square so that there is approximately a 1/8" margin between the center piece and the folds. If not, take off center piece and trim all sides then proceed again.



15. Fold the points back to center and tack in place.

16. Cut the window panes diagonally in half. See template.





Cathedral Window Pincushion Instructions

17. Fabric glue the first window pane triangle to the exterior square. Pull the triangle down from the center so that there is a 1/8" margin on the edges. Do not worry about the triangle hanging over the edge. The purpose in leaving a margin is that in the next step when the fabric folds over then the pane will not show. Add more glue to the very edges of the pane and exterior.
18. Start in the middle, pull and fold the exterior window fabric out over the pane 1/4" and pin. Roll the fabric to the points in a curve



19. Starting at the tip, stitch on the edge of the rolled curve from tip to tip as close to the edge as you can manage.
20. Repeat on the other side. Be sure to add glue generously to edges to help you hold it in place.





Cathedral Window Pincushion Instructions

21. Repeat steps 17 – 20 on remaining sides.
22. Place back pieces RST and stitch a $\frac{1}{2}$ " seam on the long edges. Leave a 2" opening in the center.



23. Press seam open.
24. Place the window on top of the back RST. Center the window on the back fabric. Extra fabric will hang over. It will be trimmed away later. Pin in place.





Cathedral Window Pincushion Instructions

25. Stitch around window with a $\frac{1}{4}$ " seam allowance. Pivot at corners and be sure to back stitch at each corner. This is the stress point. It is a good idea to just double stitch around.
26. Trim excess fabric and seam allowance to $\frac{1}{8}$ " and clip corners.



27. Turn right side out and push out corners with a turning tool. Fill tightly with fiber fill.
28. Close opening with a needle and heavy thread. Squeeze opening shut as you stitch to make a nice invisible seam.





Cathedral Window Pincushion Instructions

29. View of back with opening sewn up.

30. Select a button or use a covered button as I have here. Sew button into center of window, pulling the thread tightly to indent the center. Knot on back side but do not cut thread.



31. Add a smaller button to the back side. This is the most tedious part. You will have to thread the needle up to the front and come out at the side of the button on top, but not where it can be seen. Lift up the top button just enough to pull the threads tight and go back down and up several times to secure bottom button. Knot thread under top button and cut.



CONGRATULATIONS!

YOUR PINCUSHION

IS NOW FINISHED!

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NOTIONS: MATCHING THREAD , MATCHING HEAVY THREAD SUCH AS BUTTONHOLE OR CRAFT THREAD. FIBER FILL, TWO COVERED OR DECORATIVE BUTTONS, WATER SOLUBLE FABRIC GLUE
SUITABLE FABRIC: LIGHT WEIGHT QUILTING OR DECORATOR COTTON

REFERENCE: DELIGHTED QUILTED FISH RILEY BLAKE – SUGAR AND SPICE QUILTED FISH RILEY BLAKE
HANABI DESIGNED BY HANA

FABRIC REQUIREMENTS: 4 COORDINATING FAT QUARTERS WILL MAKE 8 PINCUSHIONS
YARDAGE – 1/3 YARD FOR EXTERIOR PANES, 3 -1/4 YARD COORDINATES FOR REMAINDER





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"Sew Vintage"



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"Sew Happy"



"Sew Lacy"



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"Sew Flirty 2"



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"Sew Classy"



"Sew Flirty Child"



"Flapper"



"Roaring 20's"



"Granny"



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"Kanzashi Flower"



"Traditional Christmas Stocking"



"Grandmothers Flower Garden"



"Sew Wise Owls"



"Ribbon Flowers"



"Cloche"



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"German Bell Ornament"



"Epcot Ornament"



"Quilted Ornament"



"Rock Rake Flowers"