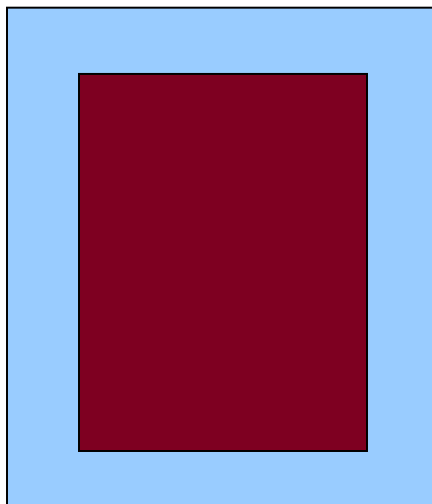


## Quilting and Using the Back to Front Binding Method

Instructions: Layer the top, batting and backing, making sure the backing is at least 2 inches wider on every side. Most of the time, even on your regular sewing machine these quilts are small enough that pressing the front onto the batting and then flipping the quilt and pressing the backing onto the batting will create enough “cling” that no basting or pin basting is necessary. However, you may also pin baste or spray glue baste. Seldom do we spend time actually hand-basting these quilts. Quilt as desired. An overall meander design works well or just mark a grid. Start quilting in the center and work your way out to the edges. For ease in trimming, do NOT sew off the top of the quilt. When the quilting is completed, carefully fold the backing out of the way, square and trim the top and batting together at the edge of the top. Press the backing out flat, then trim about 1 ½ inches from the edge of the top.

Red is top and batting, blue is backing—1 ½ inches larger on each side



Fold the backing over twice to form the binding on the quilt. This makes a nice-sized binding for a whole cloth quilt. If you like less binding to show, cut to 1 inch. Top-stitch with a straight stitch or with a decorative stitch of your choice.